



# SAUNA CUBE 3 X 5 WITH LOUNGE

# PRODUCT DESCRIPTION

This sauna cube is made from two connected frames: 3286 x 3286 mm + 3286 x 2286 mm. The frame is made from glue-laminated spruce beams. Frame consists of bottom frame (100 x 140 mm), columns (140 x 140 mm), top frame (140 x 200 mm) and withstands 183 kg/m<sup>2</sup> roof load.

**The walls.** The 1000 x 2200 mm walls are made of spruce wood. The light, golden-white spruce are ideal for Cubes' construction designs. **Standard full panel wall.** Wall frame 45 x 45 mm, panel covered with inside 96 x 12 mm and outside 145 x 18 mm horizontal spruce cladding boards. **Insulated full panel wall.** Insulation - 50 mm (stone wool). Wall frame 45 x 45 mm, panel covered with inside 96 x 12 mm and outside 145 x 18 mm horizontal spruce cladding boards.

**The roof.** The roof panels are built with double rafters construction and covered with 18 x 145 mm finishing boards. This construction withstands 183 kg/m<sup>2</sup>. All Viking cube buildings' roofs are 2853 mm high and 1.310 (2.29%) slope. We use MIDA SELF KSK for the roof covering, its self-adhesive elastomeric bitumen membrane covering the entire surface. Installation of the rolled roofing is a quick, simple, and safe way to cover all Cube. All you must do is to unroll, attach with nails, remove protective film and press.

**Inside sauna:** Sauna benches are made from *deciduous wood*; Sauna room volume is 17 m<sup>3</sup>. The Aluminum sliding doors system (3 rails) is 3000 x 2000 mm. Wooden door for shower (from spruce) - 990 x 2195 mm; Glassdoor for sauna room - 698 x 1855 mm.

**Aluminum sliding doors system Alutech.** Sliding parts are framed with aluminum frames, manufactured from "cold" single-chamber of aluminum profile with non-insulating gaskets. The sliding of the aluminum frame is made so that the entire structure is stable. Frames wheels designed for attachment to the motion and has aluminum profiles for vertical and horizontal adjustment provides a particularly easy movement of moving parts. Sealing brush prevents dust from entering the structure and compensates for vibration in the wind. All moving parts are very easy to remove and put it back, so there is no problem with cleaning glass from the outside. In the closed position, the system has automatically locked and unlocked positions. Handles and locks built into the aluminum profile, so during the opening, the glass always remains clean.

**Sauna room volume is 17 m<sup>3</sup>.**

**Attention!** Product photos may differ from the standard product description. The product is modular and the wall layout can be changed!



## SPECIFICATION

<b>People</b>	6 persons
<b>Timber</b>	Spruce
<b>Shape</b>	Rectangle
<b>Room</b>	3
<b>Inside area</b>	15.0 m <sup>2</sup>
<b>Sauna area</b>	4.0 m <sup>2</sup>
<b>Total height</b>	2853 mm
<b>Wall height</b>	2200 mm
<b>Floor thickness</b>	28 mm
<b>Exterior Cladding</b>	18 mm
<b>Interior Cladding</b>	12 mm
<b>Wall thickness</b>	75 mm
<b>Insulation</b>	50 mm stone wool
<b>External dimension</b>	3286 x 5572 mm
<b>Door size</b>	3000 x 2200 mm
<b>Interior tinted glass door</b>	685 x 1850 mm

## STANDARD SET

2 units garden cube frames from spruce 3 x 3 m+3 x 2 m

Roof panels with self-adhesive bitumen membrane;

9 standard full panel walls;

7 standard insulated full panel walls;

Insulated roof panels;

2 Sauna benches from deciduous wood;

Heat-resistant plates for the heater/stove;

Inside glass door for sauna;

Wooden shower room door;

Aluminium sliding doors system (3 rails) Alutech;

Three space inside: a sauna room, lounge room and a shower room.

## DELIVERY

**Assembling time** 10 hours

**Size of pallets (LxWxH)** 3.40 x 1.20 x 2.55 and 3.40 x 1.20 x 2.55 m

Sauna Cube 3 x 5 m With Lounge Room is delivered to the customer **not assembled** but with detailed assembly instructions and drawings, and packed on a pallet (KIT). Two or three people can easily assemble Sauna Cube 3 x 5 in 10 hours.

# HEATER AND CHIMNEY KIT



Electric heater Harvia "Club" K15G, 15 kw + Harvia Xenio CX170 (14 - 24 m3)



Electric heater Harvia "Club", 13.5 kw + Harvia Xenio CX170 (11-20 m3)



Electric heater Harvia Leged PO11, 11kW + Harvia Xenio CX170 (9-20m3)



Electric Heater Harvia Leged PO165, 16.5kW + Harvia Xenio CX170 (16-35 m3)



Wood burning heater Harvia 26 Pro, 26.6 kw (10 - 26 m3)



Wood burning heater Harvia 36, 31 kw (14 - 36 m3)



Wood burning heater Harvia Pro 20, 24 kw (8-20 m3)



Wood burning heater Harvia SL 20 (outside feeding), 24.1 kw (8-20 m3)

# ACCESSORIES



Rainwater Pipes\*



Ceiling Lamp for Sauna Cube\*\*\*



Table And Benches SET



White Cushion Set for Benches and Table



Sauna Light



Sauna Light Cover



Clothes Hanger



Head Rest



Thermometer - Hydrometer



Water Tank For Woodburning Heaters



Heater Safety Fence for Electric Heaters



Heater Safety Fence for Woodburning Heaters



Wooden Bucket



Wooden Ladle



Bucket + Ladle Duo (White)

## ACCESSORIES



The Bucket + Ladle duo (Black)

\* - *The rainwater pipe package includes straight gutter and all parts needed for installation. Down pipe package includes 2.5 m down pipe and all parts needed for installation. No need for exact measurements and calculations and easy to transport and install, as all components needed are packaged compactly in a single package, ensuring safe delivery and easy installation.*

\*\*\* - *Available for all Sauna Cube with changing rooms and all Viking Cubes. **These lamps are not available in the sauna room.***

# FOUNDATION

It is very important to have a proper base for your Cube. Therefore, we recommend following our sketches and consulting a qualified local builder or engineer. Making sure that the base for your Sauna fits the location is of utmost importance.

Due to an improper base, the structure may crack. If the product is unevenly seated, the geometric shape of the building may change, which can result in the door/windows twisting, and/or gaps. In the worst-case scenario, the product may even collapse.

- Before building the base, make sure you take into account the landscape and the ground conditions on which the Sauna will stand.
- The base under the product must be prepared specifically for the Sauna.
- The base must be homogeneous, tight, and level.
- Make sure that the properties of the base do not change over time. We recommend making the base out of concrete and water-proofing it before installation.

*If you do not follow recommendations for building the base, the product will lose its warranty!*



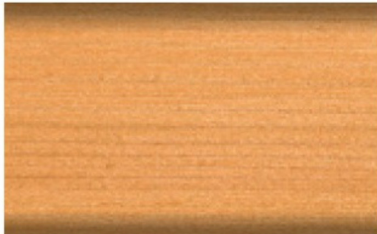
# PAINTING

## COLOR CARD

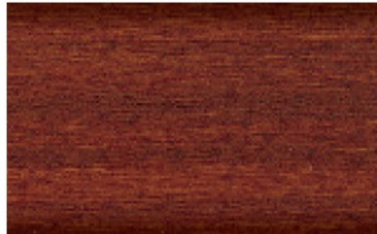
### EXTERIOR WOOD STAIN COLORS



Water-based, quick drying premium total protection for wood outside.  
Thin layer varnish – 3 in 1: impregnation, primer, and varnish!



PINE / LARCH RC260



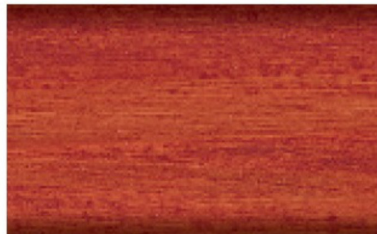
TEAK RC545



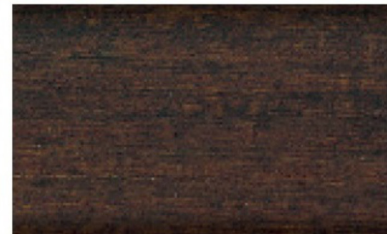
CHESTNUT RC555



FIR GREEN RC960



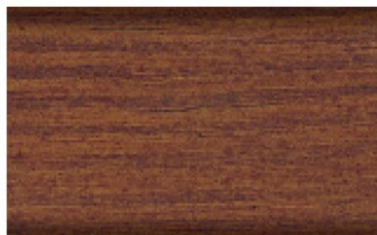
MAHAGONY RC565



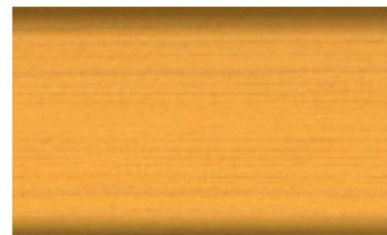
PALISANDER RC720



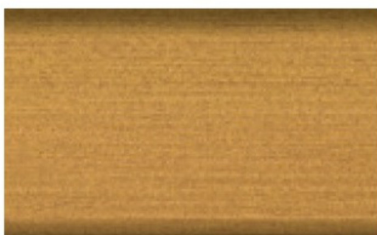
SILVER GREY RC970



NUT WOOD RC660



PINE RC270



RUSTIC OAK RC360



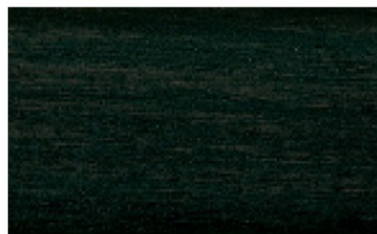
LIGHT OAK RC365



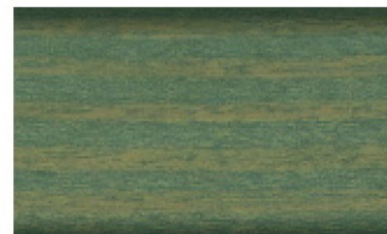
HEMLOCK RC120



WHITE RC990



EBONY RC790



SALT GREEN RC965

**PLEASE NOTE:** The colors shown in the catalogue and website may not 100% match the color you will receive.  
The color of the wood material affects the final color.

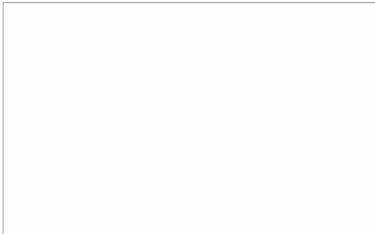
# PAINTING

## COLOR CARD

### EXTERIOR WOOD PAINT COLORS



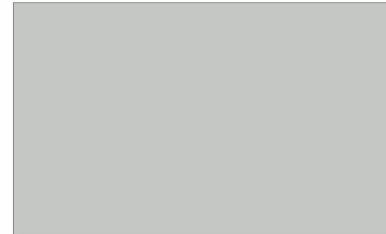
Weather protection, water-based paints. High-performance and environmentally friendly.



WHITE / RAL 9016



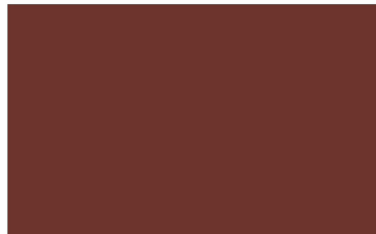
ANTRACITE GREY / RAL 7016



LIGHT GREY / RAL 7035



DUSTY GREY / RAL 7037



OXIDE RED / RAL 3009



JET BLACK / RAL 9005



MOSS GREEN / RAL 6005



AZURE BLUE / RAL 5009



GREY BROWN / RAL 8019



BROWN RED / RAL 3011

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# **PAINTING**

## **AUTOMATIC MACHINE SPRAY TECHNOLOGY**

### *Benefits*

One of the main and most obvious benefits of using a paint machine is the speed and flexibility at which we can suggest our painting service for all of our products. A spray paint machine can get the work done faster and more consistently than manually painting. While the machine works faster, it improves quality too – sprayers produce an even coat of paint, leaving a high-quality finish. With our painting service from now, we can suggest to our client maximum flexibility! Not assembled products such as Grill cabins, Pavilions, Camping pods, and other products of any size you can order painted too!

## **PROFESSIONAL SPRAY**

The high-quality preservative finish is professionally spray applied in the factory to three sides of the wood. The product is treated in your choice of color. You can choose two colors for one product: one for almost all product details and another for finishing details.

## **STAIN | PAINT**

### *Which type of paint should I Use?*

Properly painting and impregnating is one of the most important things to consider when thinking about how to extend your product's lifetime. Paint and natural wood finish instantly spruce up the aesthetics of your product. The decision you will need to make is if you want to use a water-based wood stain or paint. Both will offer you UV protection. The wood stains will allow the texture of the wood to show through and many are now available in a vast range of colors, however, paints will give you an intensive color, but will cover the grain and texture of the wood.

# USAGE AND MAINTENANCE

## USING YOUR SAUNA PREPARING YOUR SAUNA FOR USE.

- If you have wood burning heater, make sure to remove the protective film of the heater chimney before heating.
- Check the Sauna before heating. No flammable objects must be left on or near the heater.
- Check that there is water in the water tank (if you are using it).
- Ensure that the Sauna door is unlocked and easy to open before using it. If necessary, sauna door must be adjusted by the customer.
- Do not mount any additional accessories or shelves above the heater.
- Turn the Sauna heater on.
- The thermometer should be located at head level in the Sauna. It should be further away from the heater, so it does not give a false reading.
- Wait for the Sauna to reach the required temperature (normally 80-90° C).

*All users should be aware of the potential dangers and requirements prior to participation in the Sauna!*

## THINGS TO NOTE WHEN USING THE SAUNA

Enjoy the many health benefits of the relaxing heat of your Sauna. But remember: being inside the hot Sauna for long periods of time raises your body temperature, which may be dangerous, especially for those with a heart condition or other health risks. **Generally, the recommended time inside a Sauna is from 10 to 15 minutes.** After a period of heating, take a **5 minute break** and then repeat. Also:

- Familiarize yourself with the safety instructions and keep away from the heater when it is hot.
- Be very careful when moving in the Sauna, as the benches and floors may be slippery!
- The Sauna should not be used by pregnant women or very young children.
- Remove all jewelry before entering the hot Sauna.

## MAINTENANCE

Wood is a natural material and can change through time. Cracks of various sizes, structural or color changes are not the defects - rather, they are features of the wood. Natural wood (not impregnated) becomes grayish after being left untouched for a while. Later it can turn blue and get covered with mold.

- Impregnate and paint the wood to protect the product from outside. We recommend to inspect Sauna every 6 month and evaluate need of re-impregnation, re-painting.
- When not in use, keep a bucket full of water in the Sauna during summer.
- Doors of the Sauna must be adjusted regularly.
- You should keep the sauna ventilation open all the time, to allow it time to dry and air out to avoid mold.
- To remove bench stains, use a mild soapy water and a soft cotton cloth. This can also be used on the heater itself - just make sure it's off and completely cool when you clean it.
- Don't use harsh or abrasive chemicals on benches, as these can bleach and warp the wood, ruining the grain and turning it grey.

*With these simple maintenance tips your Sauna will stay inviting, fresh, and enjoyable!*



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